



RUTHERFORD COUNTY FAMILY RESOURCES

School Systems

Rutherford County Schools

- Grades Pre-K to 12
- 615.893.5812
- <https://www.rcschools.net/>

Murfreesboro City Schools

- Grades Pre-K to 6 in Murfreesboro city limits
- 615.893.2313
- <http://www.cityschools.net/>

Child Care Services

Mid-Cumberland Community Action Agency,

Head Start

- Smyrna
 - 615.459.6038
 - 100 Wise Dr., Smyrna, TN 37167
- Murfreesboro
 - 615.896.5870
 - 219 S Maney Ave., Murfreesboro, TN 37130
- Providing comprehensive child and family development services
- <https://www.mtheadstart.org/rutherford-county.html>

MTSU ACE Learning Center

- 615.898.2458
- 206 N Baird Ln, Murfreesboro, TN 37130
- <https://www.mtsu.edu/acelearningcenter/index.php>

Tennessee Childcare Resource & Referral

- 866.296.3422
- A search tool to locate childcare centers can be located on the CCR&R website
- <https://tnccrr.org/>

Summer & After School Programs

Boys & Girls Club

- Murfreesboro
 - 615.890.2582
 - 820 Jones Blvd., Murfreesboro, TN 37129
- Smyrna
 - 615.984.4087
 - 198 Culbertson St., Smyrna, TN 37167
- <https://www.bgcr.net/>

Patterson Park Community Center

- 615.893.7439
- 521 Dr. Martin Luther King Jr. Blvd, Murfreesboro, TN 37130
- <https://www.murfreesborotn.gov/168/Patterson-Park-Community-Center>

North Rutherford YMCA

- 615.220.9622
- 2001 Motlow College Blvd. Smyrna, TN 37167
- <https://www.ymcamidtn.org/>

YMCA Fun Company

- 615.742.7328
- Before and after school program in Rutherford County Elementary Schools
- <https://www.ymcafunco.org/>

Extended School Program

- 615.898.7105
- Summer and before & after school program in Murfreesboro City Schools
- <https://www.cityschoolsesp.net/>

Family Health Resources

Rutherford Co. Health Department

- Murfreesboro
 - 615.898.7880
 - 100 W Burton St. Murfreesboro, TN 37130
- Smyrna
 - 615.355.6175
 - 108 David Collins Dr. Smyrna, TN 37167
- Breastfeeding, Community Health Access and Navigation in Tennessee (CHANT) health exams, Dental, Immunizations, Pregnancy, Women's Health, Women, Infants, & Children (WIC)
- <https://health.rutherfordcountyttn.gov/index>

Primary Care and Hope Clinic

- 615.893.9390
- 1453 Hope Way Murfreesboro, TN 37129
- <https://hopeclinc.org/>

Matthew Walker Comprehensive Health Center

- 615.984.4290
- 739 President Place, Smyrna, TN 37167
- <https://mwchc.org/>

Saint Louise Family Medicine Clinic

- 615.396.6620
- 1020 North Highland Ave., Suite A, Murfreesboro, TN 37130

In-home Services

Nurses for Newborns

- 615.313.9989
- Safety net in-home nursing visits which promote healthcare, education, and parenting skills
- <https://www.nursesfornewborns.org/>

Nurture the Next

- 615.383.0994
- Home visiting, parent classes and mentoring, and helplines
- <https://www.nurturethenext.org/>

StrongWell

- 888.339.9404
- Support during pregnancy and postpartum for mothers with a substance use disorder
- <https://iamstrongwell.com/>

Family Counseling & Parenting Centers

The Omni Family

- Phone: 615.295.2176
- 545 Brandies Cir, Murfreesboro, TN 37128
- Community Mental Health Center that offers individual or family services
- <https://www.theomnifamily.com/>

Mental Health Cooperative

- 615.743.1555
- 1419 Kensington Square Ct, Murfreesboro, TN 37130
- Supporting individuals and families with behavioral health issues
- <https://www.mhc-tn.org/>

Volunteer Behavioral Health

- Murfreesboro
 - 615.898.0771
 - 1504 Williams Drive Murfreesboro, TN 37129
- Smyrna
 - 615.459.9251
 - 131 Mayfield Dr., Smyrna, TN 37167
- Services include individual, couples, family and group therapy
- Children’s Behavioral Health Safety Net for outpatient mental health services for age 3 - 17
- First Time Appointment: Call 877.567.6051
- <https://www.vbhcs.org/>

The Family Center

- Phone: 615.890.4673
- 115 Heritage Park Dr., Murfreesboro, TN 37129
- Seminars for specific needs, groups offering intensive information, and skills for families
- <https://www.familycentertn.org/>

SOCAT (System of Care Across Tennessee)

- 615.532.6700
- Helpline: 1.800.560.5767
- Find access to community-based services for children, youth, and young adults with mental, emotional, and behavioral health needs
- <https://socacrosstn.org/>

Tennessee Voices

- 615.269.7751
- Family Support Specialists and Peer Support Specialists offer mental health support services
- <https://tnvoices.org/>

Youth Villages, Tennessee

- 615.250.7200
- Programs to serve emotionally and behaviorally troubled youth including crisis services
- <https://youthvillages.org/>

Legal Matters

Legal Aid Society

- 615.890.0905 or 800.238.1443
- 526 North Walnut Street, Murfreesboro, TN 37130

- Reentry screening, employment cases, family and domestic cases, health and benefits cases, housing cases, money and tax cases
- <https://las.org/>
- Nashville Conflict Resolution Center
 - 615.333.8400
 - 4732 W. Longdale Dr. Nashville, TN 37211
 - Empower individuals and families to resolve and move beyond conflict through mediation
 - <https://nashvilleconflict.org/>
- Court Appointed Special Advocates (CASA)
 - 615.220.3990
 - 447 N. Front St., Murfreesboro, TN 37130
 - Trained advocates to promote the best interests of children brought before juvenile court
 - <http://www.casaofrutherfordcounty.org/>
- Rutherford County Juvenile Court
 - 615.898.7972
 - 1710 South Church Street, Suite 1, Murfreesboro, TN 37130
 - <http://rutherfordcountyttn.gov/juvenilecourt/>
- Rutherford County Domestic Violence Court
 - 615.494.9710
 - 116 West Lytle Street, Suite 3-102, Murfreesboro, TN 37130
 - Services for victims of domestic violence
 - <https://rutherfordcountyttn.gov/domestic-violence-court>

Resources for Children with Special Needs

Special Kids Therapy and Nursing Center

- 615.809.2632
- 2132 E. Main St. Murfreesboro, TN 37130
- Therapy and nursing services for ages 3 to 21
- <https://www.specialkidstn.com/>

Tennessee Early Intervention System (TEIS)

- 615.904.3636
- 745 S Church St., Murfreesboro, TN 37130
- Services for children from birth to age 3 with disabilities or developmental delays
- <https://www.tn.gov/didd/for-consumers/tennessee-early-intervention-system-teis.html>

Expecting Mother Resources

Portico

- 615.893.0228
- 726 S. Church St. Murfreesboro, TN 37130
- <https://porticostory.org/>
- Same-day appointments and walk-ins for pregnancy services, education, and support.

Abuse Reporting and Services

Department of Child Services

- 615.217.8900
- 434 Jayhawk Court, Murfreesboro, TN 37128
- <https://www.tn.gov/dcs.html>
- Child Abuse Mandatory Reporting Hotline: 877.237.0004

Child Advocacy Center

- Phone: 615.867.9000
- 1040 Samsonite Blvd. Murfreesboro, TN 37129
- <https://cacrutherford.org/>
- Serves children who have been victims of sexual abuse or in drug endangered homes.

Domestic Violence & Sexual Assault Center

- 615.896.7377
- 1423 Kensington Sq Ct, Murfreesboro, TN 37130
- Services for victims including Individual & group counseling
- <https://dvsacenter.org/>
- Domestic Violence Hotline: 615.896.2012
- Sexual Assault Hotline: 615.494.9262

Important Numbers and Local Websites

- Statewide Mental Health Crisis Line: 855.CRISIS.1 (855.274.7471)
- National Suicide Prevention Hotline: 800.273.8255
- <https://tn211.myresourcedirectory.com/>
- <https://wecarerutherford.org/>
- <https://pc4s.org/>
- <https://www.h3arc.org/>
- <https://benefitkitchen.com/>



PREVENTION COALITION
FOR SUCCESS



Department of
Mental Health &
Substance Abuse Services

This project is funded under a grant contract with the State of Tennessee, Department of Mental Health and Substance Abuse Services.