



## RUTHERFORD COUNTY

### Mental and Behavioral Health Services

#### Mental Health

##### Branches Counseling (Commercial/Self Pay)

- Serves children 5<sup>th</sup> grade to all adults
- Help for the Whole Person: A Christ-Centered ministry
- 615.904.7170
- 1102 Dow St, Murfreesboro, TN 37130
- <https://www.branches.org/>

##### DePriest Center (TennCare/Commercial)

- Mental health, substance use and co-occurring
- 931.486.8670
- 208 Uptown Sq Murfreesboro, TN 37129
- <https://www.depriestcenter.com/>

##### Genesis Family Service (Commercial)

- Child, adolescent, and adult services
- 615.494.4804
- 237 Castlewood Drive Suite A Murfreesboro, TN 37129
- <http://genesipsychiatricsservices.com/>

##### Harmony Health Medical (Commercial/Self-Pay)

- Children, adolescent, and adult mental health medication management and therapies
- 629.229.3936
- 1120 Dow Street Murfreesboro, TN 37130
- <https://www.harmonyhealthmedical.com/>

##### Insight Counseling Centers

##### (TennCare/Commercial/Self-Pay Sliding Scale)

- Adult, couples, and family services
- Restore lives to wholeness – mentally, emotionally, and spiritually
- 615.383.2115
- 200 E Main St, Murfreesboro, TN 37130
- <https://insightcounselingcenters.org/>

##### Matthew Walker Comprehensive Health Center (TennCare/Commercial/Uninsured Sliding-Scale)

- Primary healthcare and mental healthcare
- 615.984.4290

- 739 President Place, Smyrna, TN 37167

– <https://mwchc.org/>

##### Mental Health Cooperative (TennCare/Self-Pay Sliding Scale/Safety Net)

- Supporting individuals and families' mental and behavioral health; Adults and Children
- 615.743.1555
- 1419 Kensington Square Ct, Murfreesboro, TN 37130
- <https://www.mhc-tn.org/>

##### Omni Community Health (TenneCare/Commercial)

- Child, adolescent, and adult services
- 615.295.2176
- 545 Brandies Cir, Murfreesboro, TN 37128
- <https://www.theomnifamily.com/>

##### Primary Care and Hope Clinic

##### (TennCare/Commercial/Uninsured Sliding-Scale)

- Primary healthcare and mental healthcare
- 615.893.9390
- 1453 Hope Way Murfreesboro, TN 37129
- <https://hopeclinc.org/>

##### TrustPoint (TennCare/Commercial)

- Adolescents, Teens, and Adults
- Outpatient and inpatient services
- 615.716.1824
- 1009 N Thompson Ln, Murfreesboro, TN 37129
- <https://www.trustpointhospital.com/>

##### Volunteer Behavioral Health

##### (TennCare/Commercial/Uninsured Sliding Scale)

- 615.898.0771 -  
1504 Williams Drive Murfreesboro, TN 37129
- 615.459.9251 -  
131 Mayfield Dr., Smyrna, TN 37167
- Individual, couples, family and group therapy
- Children's Behavioral Health Safety Net for outpatient mental health services for age 3 - 17
- First Time Appointment: Call 877.567.6051
- <https://www.vbhcs.org/>
- Ellie Mental Health (Self Pay, Sliding Scale)
- Works with children, adolescent, and adult. 1608 Williams Dr. St. 301 Murfreesboro, TN 37129
- 615.653.4115
- <https://elliementalhealth.com/>

## Youth Crisis Services

### Youth Villages, Tennessee

- Programs to serve emotionally and behaviorally troubled youth including crisis services
- 615.250.7200
- <https://youthvillages.org/>

## Adult Substance Use Disorder

### In-Patient

#### Buffalo Valley (TennCare / Uninsured)

- Substance abuse treatment center, detox services, housing, and recovery services
- 501 Park Avenue South Hohenwald, TN 38462
- 931.796.5427
- <https://www.buffalovalley.org/>

#### Doors of Hope (Uninsured)

- Substance Use Disorder treatment center for women
- 428 E Bell St Murfreesboro, TN 37130
- 615.203.5221
- <https://www.opendoorsofhope.org/>

#### Journey Pure (Commercial)

- Substance abuse and mental health treatment provider for adult men and women
- 5080 Florence Rd. Murfreesboro, TN 37129
- 615.410.9260
- <https://journeypure.com/>

#### Lloyd C. Elam at Meharry (TennCare / Uninsured)

- Comprehensive care for individuals with various substance use disorders
- 1810 Albion Street Nashville, TN 37208
- 615.327.6348
- <https://meharrymedicalgroup.com>

#### Mirror Lake (TennCare / Commercial)

- Addiction & co-occurring mental health treatment for adults in Tennessee
- 999 Girl Scout Rd, Burns, TN 37029
- 855.371.8623
- <https://www.mirrorlakerecovery.com/>

#### Mending Hearts (TennCare /Commercial/Uninsured)

- Treatment and recovery program for women
- P.O. Box 280236, Nashville, TN 37228
- 866.416.1909
- <https://mendingheartsinc.org/>

#### New Leaf (TennCare / Uninsured)

- Substance abuse/co-occurring residential treatment facility
- 1200 South Willow Ave Cookeville, TN 38506
- 931.432.4123
- <https://www.vbhcs.org/locations/cookeville/>

#### The Next Door (TennCare / Uninsured / Commercial)

- Treatment program for women struggling with substance abuse
- 402 22nd Ave N, Nashville, TN 37203
- 615.251.8805
- <https://thenextdoor.org/>

#### Samaritan Recovery Community (TennCare / Commercial / Sliding Scale)

- Addiction & co-occurring disorders treatment
- 319 South 4th Street Nashville, TN 37206
- 615.244.4802
- <https://samctr.org/index.html>

### Outpatient

#### ACT Wellness (TennCare / Commercial)

- Recovery through a combined care approach
- 1410 Kensington Square Court, Suite 104, Murfreesboro, TN 37130
- 615.962.7444
- <https://actwellnesstn.com/>

#### Behavioral Health Group (TennCare / Commercial)

- Specializing in Medication Assisted Treatment
- 630 Broadmor Blvd, Murfreesboro, TN 37129
- 615.281.6844
- All major forms of insurance accepted
- <https://www.bhgrecovery.com/>

#### Bowdoin (Commercial)

- Co-occurring outpatient therapy
- 431 Nissan Drive, Suite 202 Smyrna, TN 37167
- 615.462.7392
- <https://bowdoinrecovery.com/>

#### Cumberland Heights (Commercial)

- 12-step based outpatient program
- 745 South Church Street, Suite 505 Murfreesboro, TN 37130
- 615.356.2700
- Must contact for health insurance information
- <https://www.cumberlandheights.org/>

#### Cooperative Recovery (TennCare / Uninsured)

- Customized, evidence-based addiction treatment
- 615.687-1701
- 1419 Kensington Square Ct, Murfreesboro, TN 37130
- <https://www.mhc-tn.org/>

#### Spero Health (TennCare / Commercial / Flat-Rate)

- Integrated care for all substance use disorders and specializing in Medication Assisted Treatment
- 301 Wolverine Trail Ste 200 Smyrna, TN 37176
- 615.851.0579
- <https://sperohealth.com/>

#### StrongWell (TennCare / Commercial)

- Support from a care team for pregnancy and postpartum for mothers and all adults
- 888.339.9404
- <https://iamstrongwell.com/>

#### Tulip Hill (Commercial)

- Treatment center focused on mental health and substance abuse; offering transitional housing
- 1800 S.Rutherford Blvd #103 Murfreesboro, TN 37130
- 615.201.7877
- <https://tuliphillrecovery.com/>

### Children Services

#### Vertava (TennCare / Commercial)

- Adolescent behavioral health treatment for those with addiction & mental health concerns
- 1370 Gateway Blvd Ste 210, Murfreesboro, TN 37129
- 615.314.2600
- <https://vertavahealth.com/>

#### TrustPoint (Commercial)

- Children, Teens, and Adults
- 615.716.1824
- 1009 N Thompson Ln, Murfreesboro, TN 37129
- Most health insurance accepted
- <https://www.trustpointhospital.com/>



#### Lloyd C. Elam at Meharry (TennCare / Uninsured)

- Children, Teens, and Adults
- 1810 Albion Street Nashville, TN 37208
- 615.327.6348
- <https://meharrymedicalgroup.com>

### Prevention Services

#### Prevention Coalition for Success

- Connect our communities to reduce substance abuse and violent crime; community organizing
- 415 N Maple St. Murfreesboro, TN 37130
- 615.225.2475
- <https://pc4s.org/>

#### Solutions Education Center

- Alcohol and drug education including low-income individuals, at-risk youth & their families
- 714 W. Main St. Murfreesboro, TN 37129
- 615.796.0817
- <https://www.keepwhatyouvalue.com/>

### Important Numbers and Local Websites

#### Lydia Price, Project Lifeline Coordinator

- Increasing access to recovery services
- 615-603-9092 | [lprice@pc4s.org](mailto:lprice@pc4s.org)

#### Brittany Laborde, Regional Overdose Prevention Specialist

- Overdose prevention training and resources
- 615-586-1409 | [blaborde@wcadctn.org](mailto:blaborde@wcadctn.org)

- Statewide Mental Health Crisis Line: 855.CRISIS.1 (855.274.7471)

- National Suicide Prevention Hotline: 988

- Find Help Now: <https://findhelpnow.org/tn>

- SAMSHA: <https://www.samhsa.gov/find-treatment>

- TN Licensed Facilities: <https://www.tn.gov/behavioral-health/licensing/find-a-licensed-facility-or-service.html>

- We CARE: <https://wecarerutherford.org/>

### Recovery Support Meetings

Narcotics Anonymous: <https://na.org/>

Alcoholics Anonymous: <https://www.aa.org/>

Celebrate Recovery: <https://www.celebraterecovery.com/>

Smart Recovery: <https://www.smartrecovery.org/>

**844-991-2962 – Text zip code to receive a reply with local recovery support groups**